

Hello everyone!

On behalf of the conference organizing committee, I wish to formally invite members from Coastal First Nations communities to the upcoming **3rd Annual Conference on the Traditional Foods of Vancouver Island First Nations**. This year's conference follows two very successful conferences held in Nanaimo. The theme this year is "Celebrating Indigenous Foods in a Changing World: Coastal Conversations among Youth, Elders and Community Members." Dr. Nancy Turner will be the Keynote Speaker.

The purpose of the gathering is to bring people together to celebrate the traditional foods of Vancouver Island First Nations and to discuss the four pillars of nutrition, healing, safety and community.

This two-day gathering will take place on **April 16th and 17th**. Day 1 will be hosted at the First Peoples House at the University of Victoria and will feature speakers, panellists, short film-screenings, and open discussions. Following this we will all join in a traditional Feast and evening of entertainment. Day 2 will be held out in the community and will include a Traditional Pit Cook and an exciting day of hands-on activities, demonstrations and displays.

We are not able to provide funding for accommodation this year. If you require hotel accommodation, the Marriott hotel has confirmed a rate of \$99 for single and double occupancy (must be booked by April 1, 2010). To make a reservation, please call the Marriott Hotel at (250) 480-3800 or 1-866-306-5451. Be sure to mention that you are attending the TRADITIONAL FOODS CONFERENCE in order to get this special rate. To book online, go to [www.victoriamarriott.com](http://www.victoriamarriott.com) and enter group code: **tfctfca**

**Please note that there is a soccer tournament in Victoria on the same weekend, so be sure to book your accommodation as soon as possible.**

There may be limited travel subsidies available. If you would like to apply for a travel subsidy, please contact Jocelyn Sam for an application form. The amount of financial support will depend on the final number of participants at the conference. We are requesting that each of your First Nations and Tribal Councils provide additional financial support if possible to ensure widespread participation from your community.

To assist with the conference planning, please return the accompanying **registration forms by April 2, 2010 to Jocelyn Sam, [jsam@uvic.ca](mailto:jsam@uvic.ca) or 250-853-3730.**

Conference updates will be posted on the Snuneymuxw website. The Snuneymuxw First Nation have graciously hosted the first two conferences in their territory and continue to host the ongoing communication for the conference.

[www.snuneymuxw.ca](http://www.snuneymuxw.ca)

I look forward to seeing you all in Victoria!

Sarah Cormode  
Traditional Foods Conference Coordinator &  
Aboriginal Transitions Project Coordinator  
TEF 211, Office of Indigenous Affairs  
University of Victoria  
PO Box 1700 STN CSC  
Victoria, BC V8W 2Y2

250-853-3729 phone

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[cormode@uvic.ca](mailto:cormode@uvic.ca)



**3rd Annual Conference**  
**Traditional Foods of Vancouver Island First Nations:**  
**Celebrating Indigenous Foods in a Changing World**

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March 10, 2010

To: Coastal First Nations

On behalf of the conference organizing committee, I wish to formally invite members from your community to the upcoming **3rd Annual Conference on the Traditional Foods of Vancouver Island First Nations**. This year's conference follows two very successful conferences held in Nanaimo. The theme this year is "Celebrating Indigenous Foods in a Changing World: Coastal Conversations among Youth, Elders and Community Members." Dr. Nancy Turner will be the Keynote Speaker.

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We are inviting all Coastal First Nations and Tribal Councils to send one or more representatives or interested community members to the conference.

We are not able to provide funding for accommodation. If you require hotel accommodation, the Marriott hotel has confirmed a rate of \$99 for single and double occupancy (must be booked by April 1, 2010). To make a reservation, please call the Marriott Hotel at (250) 480-3800 or 1-866-306-5451. Be sure to mention that you are attending the TRADITIONAL FOODS CONFERENCE in order to get this special rate. **Please note that there is a soccer tournament in Victoria on the same weekend, so be sure to book your accommodation as soon as possible.**

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To assist with the conference planning, please return the accompanying **registration forms by April 2, 2010 to Jocelyn Sam, [jsam@uvic.ca](mailto:jsam@uvic.ca) or 250-853-3730.**

If you are willing to donate a gift for the presenters or door prizes, please let me know.

We look forward to your continued interest and participation in this conference. I look forward to hearing from you.

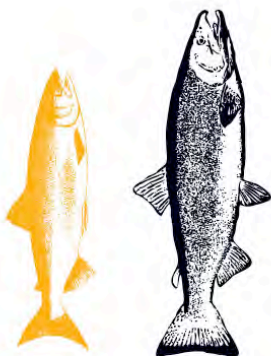
Sincerely,

Sarah Cormode  
Traditional Foods Conference Coordinator  
TEF 211, Office of Indigenous Affairs  
University of Victoria  
PO Box 1700 STN CSC  
Victoria, BC V8W 2Y2

250-853-3729 phone  
250-853-3730 fax  
[cormode@uvic.ca](mailto:cormode@uvic.ca)

Supported by:

- Vancouver Island and Coastal Communities Indigenous Foods Network
- Aboriginal Diabetes Initiative (Health Canada)
- Aboriginal Health (Vancouver Island Health Authority)
- BC Healthy Living Alliance, Fisheries and Oceans Canada
- BC Centre for Child and Youth Health Network
- BC First Nations Environmental Contaminants Program (Health Canada)
- Office of Indigenous Affairs (University of Victoria)
- Office of Community-based Research (University of Victoria)

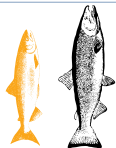


a celebration of traditional foods  
**THIRD ANNUAL  
CONFERENCE  
APRIL 16<sup>TH</sup>-17<sup>TH</sup>**

**WHY A CONFERENCE?** To bring together youth, Elders and community to celebrate traditional foods of Vancouver Island First Nations and to discuss the four pillars of nutrition, healing, safety and community.

**TO REGISTER:** To register for this free conference please fill out the following information and return by mail, fax, phone or email by April 2<sup>nd</sup>. Registration is limited. Some travel subsidy may be available.

<input type="checkbox"/>	April 16 <sup>th</sup> First Peoples House	and/or	<input type="checkbox"/>	April 17 <sup>th</sup> Community Day
<input type="text" value="name"/>				
<input type="text" value="community"/>				
<input type="text" value="title / role (optional)"/>				
<input type="text" value="phone"/>		<input type="text" value="email"/>		
<input type="text" value="mailing address"/>				
<input type="text" value="mailing address"/>				



**THIRD ANNUAL  
CONFERENCE  
APRIL 16<sup>TH</sup>-17<sup>TH</sup>**



**MAIL TO:** Jocelyn Sam  
Office of Indigenous Affairs  
PO Box 1700 STN CSC  
Victoria BC V8W 2Y2

**CONTACT:** Jocelyn Sam  
Registration Coordinator  
jsam@uvic.ca 250.853.3730  
fax: 250.853.3296

**QUESTIONS:** Sarah Cormode  
Conference Coordinator  
cormode@uvic.ca 250.853.3729

SAVE THE DATES

# THIRD ANNUAL CONFERENCE APRIL 16<sup>TH</sup>-17<sup>TH</sup>

## TRADITIONAL FOODS OF VANCOUVER ISLAND FIRST NATIONS



CELEBRATING  
INDIGENOUS  
FOODS IN A  
CHANGING  
WORLD

VICTORIA BC

Supported by

Vancouver Island and Coast  
Communities Indigenous  
Foods Network

Aboriginal Diabetes Initiative  
(Health Canada)

Aboriginal Health (Vancouver  
Island Health Authority)

BC Centre for Child and Youth  
Health Network

BC First Nations  
Environmental Contaminants  
Program (Health Canada)

BC Healthy Living Alliance

Office of Community-based  
Research, University of  
Victoria

Office of Indigenous Affairs,  
University of Victoria

Fisheries and Oceans Canada



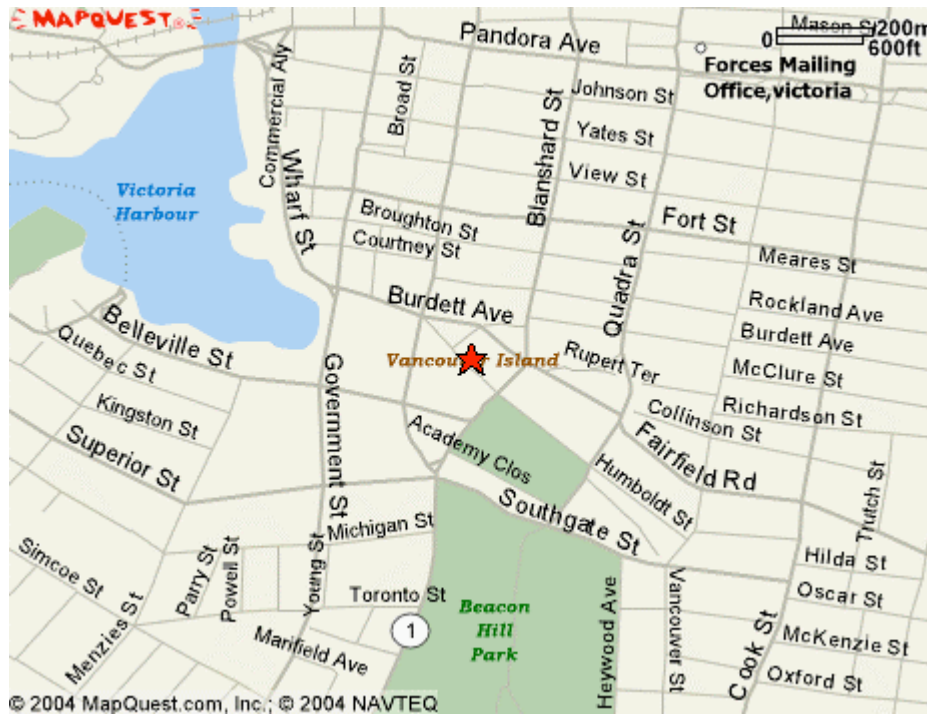
## DIRECTIONS TO THE VICTORIA MARRIOTT INNER HARBOUR

Address: 728 Humboldt Street, Victoria, BC, V8W 3Z5, Canada

Telephone: 1-250-480-3800

Fax Number: 1-250-480-3838

Email: sales@victoriamarriott.com



<p>From Victoria International Airport Approximate travel time is 45 minutes (driving)</p>	<ul style="list-style-type: none"> <li>• Exit the Airport on Willingdon Road.</li> <li>• Turn left onto McTavish Road.</li> <li>• Turn right onto highway 17 South and continue approximately 24 Km.</li> <li>• Highway 17 becomes Blanshard Street</li> <li>• Continue on Blanshard Street through Victoria and turn right onto Humboldt Street.</li> <li>• Welcome – The Victoria Marriott is on your right.</li> </ul>
<p>From BC Ferry Terminal at Swartz Bay Approximate travel time is 50 minutes (driving)</p>	<ul style="list-style-type: none"> <li>• Exiting the ferry you will be on Highway 17 traveling south.</li> <li>• Continue for approximately 27km.</li> <li>• Highway 17 becomes Blanshard Street.</li> <li>• Continue on Blanshard Street through Victoria and turn right onto Humboldt Street.</li> <li>• Welcome – The Victoria Marriott is on your right.</li> </ul>
<p>From Harbour Air, West Coast Air and Kenmore Air Seaplane Terminals Approximate travel time is 15 minutes (walking)</p>	<ul style="list-style-type: none"> <li>• Walk up to Wharf Street which is above the terminals.</li> <li>• Cross at the pedestrian crosswalk which leads to the corner of Broughton Street</li> <li>• Continue down Broughton Street for 2 blocks</li> <li>• Turn right on Douglas Street and continue down the street for 2 blocks.</li> <li>• Turn left on Humboldt Street</li> <li>• Welcome – The Victoria Marriott is on your right.</li> </ul>
<p>From Coho Ferry (Blackball Transport) Approximate travel time is 15 minutes (walking)</p>	<ul style="list-style-type: none"> <li>• Exiting the Ferry, turn left on Belleville Street.</li> <li>• Continue down Belleville Street for 2 blocks crossing Douglas Street.</li> <li>• Turn left on Douglas Street and continue down the street for 1 block.</li> <li>• Turn right on Humboldt Street.</li> <li>• Welcome – The Victoria Marriott is on your right.</li> </ul>